



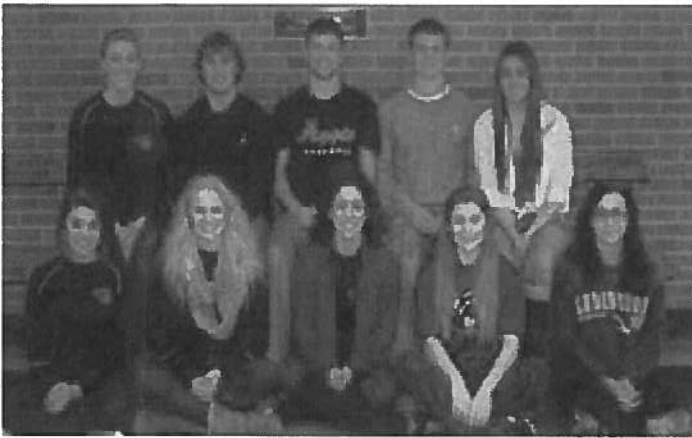
# The Aggie Express

A publication of the Beal City Public Schools

www.bealcityschools.net

March, 2014

## Congratulations to the Class of 2014's Top Ten!



Kaitlynn Frayre- Valedictorian  
Anna Reihl- Valedictorian  
Chloe Steffke- Valedictorian  
Addie Schumacher- Salutatorian  
Shelby Klumpp  
Hayden Huber  
Ty Rollin  
Elizabeth Scott  
Nicholas Ward  
Melanie Schafer

## Honors for Our Beal City Students



### National Technical Honor Society Inductees

Shelby Mottin, Nicole Murphy, Mike Pung, Superintendent of Mt. Pleasant Public Schools, Ashley Finnerty, Bill Chilman, Superintendent of Beal City Public Schools, Kelsey Flaughter, Kevin Bleise, Garrett Schafer and Kurt Gross. Chloe Steffke was missing.

Congratulations to the following students for their induction into the National Technical Honor Society. Candidates for NTHS membership are students who have demonstrated scholastic achievement, skill development, good character, leadership, honesty, and responsibility. The candidates must be juniors or seniors and have maintained a cumulative academic and Career Technical Education GPA of at least 3.0, with the CTE GPA weighted at 70% and the academic GPA weighted at 30%. They must be currently working on or have completed at least 6 credits in Career and Technical Education, and have a good attendance record. Candidates are nominated by their CTE instructors.



## Seniors Getting Accepted

This year the Guidance Department was able to obtain a grant through the Mt Pleasant Area Community Foundation to pilot "Project Accepted". A T-Shirt with the word "ACCEPTED" written boldly across the front was purchased for each senior. Seniors are aware that if they bring in their acceptance letter from a college or university, they will receive their free T-Shirt to wear! The goal of the program is to promote a college going atmosphere in our school and community, as well as honor the students for their accomplishment! Just over half of the senior class has already received their shirts, with the goal of every shirt to be gone by Spring.

We were able to get a shot of a few sporting them in the halls for you to see!

Thanks to the Mt Pleasant Area Community Foundation, we will be able to continue this fun reward for the next few year's graduating classes. Make sure to congratulate a senior if you see them in their "Accepted" shirt!



## \*\*\*Staff Member of the Month\*\*\*

The Beal City Board of Education, in appreciation of the hard work that is done by all staff members of Beal City Public Schools, would like to honor a staff member each month for their service to the students and community of Beal City. This month's honoree is Julie Christensen.

Ms. Christensen has been a teacher here at Beal City Public Schools since August 2002. She teaches Spanish and History classes and is the current BCEA President. Julie has also been the advisor for Student Council for many years and has gone above and beyond to help the students with all their activities including Homecoming and Battle of the Classes. She recently started a Spanish Club here at Beal City and has organized and chaperoned our kids on trips to Puerto Rico. The group is busy planning another trip to Puerto Rico this summer. We are very fortunate to have Ms. Christensen on our staff. Thank you Ms. Christensen for everything you do.

## Beal City Board of Education Welcomes Their Newest Member

The Beal City Board of Education welcomed Curt Gottschalk as their newest member at their February 17, 2014 meeting. Mr. Gottschalk was appointed to fill the vacant seat after Ron Neyer's resignation last month. His seat will be up for election in November as a four year term. There are also two positions on the Board of Education up for election that are six year terms. We will print more information regarding the November election in future newsletters. Congratulations Mr. Gottschalk and welcome to the Beal City Board of Education!!



## **Elementary SUPER HEROES of the Month**

Hayden Thrush (Kdg.) daughter of Michael and Nicole Thrush, Gabby Breuer (1<sup>st</sup> grade) daughter of Nicholas and Jamie Breuer, Devin Flachs (2<sup>nd</sup> grade) son of Adam and Mandy Flachs, Haylee Long (3<sup>rd</sup> grade) daughter of Nikki Schafer, Dakota Garrett (4<sup>th</sup> grade) son of Philip and Brenda Garrett, Ellie Theisen (5<sup>th</sup> grade) daughter of Mark and Lori Theisen, Lyndsey Fillenworth (6<sup>th</sup> grade) daughter of Mike and Wenda Fillenworth

These seven students were chosen by their grade level teachers as the Super Heroes of the Month. They not only showed great effort and enthusiasm in the classroom, but they also demonstrated positive character traits and were model students. For being selected for this award, each student received a certificate, a pencil, and their picture posted outside the elementary office. Congratulations to our Outstanding Students!!

### **Para Pro Support Staff Needed**

Beal City Public Schools are in need of Para-Pro subs for their elementary. If you are interested in subbing as a para-pro, please call Linda Fussman at 989-644-2740. Our support staff is hired through PCMI. Anyone interested will have to register through PCMI. You may log on to PCMI at [pcmiservices.com](http://pcmiservices.com) to begin the application process.

## **BOARD BRIEFS**

The following was approved at a regular board meeting on February 17, 2014:

- Appoint Curt Gottschalk as a replacement School Board Member for Beal City Public Schools.
- General Fund payments of \$330,129.36, Hot Lunch payments of \$9,195.16, and Athletic Fund payments of \$7,529.11.
- The Bond Refinancing Resolution as presented.
- 2nd Reading of the Updated Employee Handbooks as presented.
- 2nd Reading of the New Neola Wellness Policy as presented.
- John Graham's resignation as Maintenance/Transportation Director as presented.
- The Schools of Choice 105 and Schools of Choice 105C programs for the 2014-2015 school year as presented.
- The following coaching recommendations as presented: Dave King – Varsity Girls Track, Dan Beckwith Varsity Boys Track, Kristin Schafer – JV Softball, Rod Flaughter – Voluntary Assistant Softball, Dennis Bechtel – Voluntary Assistant Baseball, Michael Bleise – Voluntary Assistant Baseball, and Dustin Fremion – Voluntary Assistant Baseball. The following coaches are being recommended through PCMI: Brad Antcliff – Varsity Baseball, Alicia Wernette – Varsity Softball, Thomas Atkinson – JV Baseball, Jerry McCarty – JH Boys Track and Amber Arndt – JH Girls Track.
- Jeff Klapp's resignation as JV Girls Basketball Coach as presented.

To locate the Beal City Board of Education agenda and minutes from the monthly Board meetings, please see the Beal City website. Click on District Info, Board of Education, then click on the Board of Education on the left hand side to receive a menu. From there click on Meeting.

## SECOND SEMESTER HONOR ROLL

4.00 GPA	Gr.	3.5-3.99 GPA	Gr.	3.5-3.99 GPA	Gr.	3.0-3.49 GPA	Gr.
Frayre, Kaitlynn	12	Neyer, Hannah	12	Ley, Stephanie	9	Bellmer, Keniesha	12
Huber, Hayden	12	Schafer, Jena	12	Maxon, Eric	9	Bleise, Kevin	12
Reihl, Anna	12	Schafer, Melanie	12	Neyer, Heidie	9	Ciochetto, Taylor	12
Rollin, Ty	12	Schafer, Patrick	12	Powell, Ryan	9	Cotter, Mikaela	12
Schumacher, Addie	12	Scott, Elizabeth	12	Salter, Ariel	9	Flaughter, Kelsey	12
Ward, Nicholas	12	Steffke, Chloe	12	Salvatore, Keaton	9	Mottin, Cody	12
Bellinger, Zina	11	Tilman, Ryan	12	Schafer, Hannah	9	Straus, Kevin	12
Faber, Krista	11	Atzert, Brianna	11	Schafer, Nicholas	9	Cook, Austin	11
Fox, Nicole	11	Burman, Makenzy	11	Schneider, Mackenzie	9	Flaughter, Jacob	11
Gottschalk, Kaitlyn	11	Carrick, Brendan	11	Zuehlke, Zoe	9	Fraczek, Heather	11
Gross, Nicole	11	Clouse, Joslin	11	Andrews, Mahealani	8	Hovey, Jacob	11
Horsley, Jacob	11	Farrell, Luke	11	Beltinck, Rachel	8	McCoy, Brooke	11
Lorenz, Sydney	11	Fowler, Brittany	11	Clouse, Spencer	8	Neyer, Hayley	11
Millard, Kaitlyn	11	Hauck, Cortni	11	Hodges, Rebecca	8	Rousseau, Emily	11
Pung, Nicholas	11	Hauck, Emily	11	Lefere, Rachael	8	Schafer, Sara	11
Steffke, Emily	11	Hines, Mariah	11	Lorenz, Madison	8	Schneider, Jordan	11
Chilman, William	10	Holland, Jessica	11	Matthews, Caitlyn	8	Theisen, Jenna	11
Gross, Tucker	10	Horsley, Maxwell	11	McCoy, Wyatt	8	Woodbury, Jaclyn	11
Pung, Rachel	10	Kolb, James	11	McMullen, Amanda	8	Yuncker, Ryan	11
Schafer, Eric	10	Matthews, Alexander	11	Raitz, Rebekah	8	Baker, Bailey	10
Schripsema, Emily	10	Mottin, Shelby	11	Reihl, Ashley	8	Bellmer, Karina	10
Steffke, Hannah	10	Murphy, Nicholle	11	Schafer, Aaron	8	Beltinck, Lauren	10
Vavzincak, Phoenix	10	Natzel, Zachary	11	Schafer, Ryan	8	Embrey, Trevor	10
Fike, Madeline	9	Schafer, Alexander	11	Schumacher, Lucas	8	Jensen, Katelyn	10
Garrett, Samantha	9	Schafer, Emily	11	Schwerin, Charles	8	Lorenz, Sarah	10
Gross, Natalie	9	Schafer, Grace	11	Turner, Lauren	8	Mauldin, Shawn	10
Rau, Grace	9	Schumacher, Brittany	11	Yuncker, Mackenzie	8	Pung, Kayla	10
Reihl, David	9	Schwerin, Rachel	11	Carrier, Samantha	7	Straus, Curtis	10
Clark, Jason	8	Sharrar, Karleen	11	Clark, Joe	7	Finnerty, Natalie	9
Freeze, Nicholas	8	Carson, Hailey	10	Ehler, Emilie	7	Hood, Kristen	9
Steffke, Madeline	8	Esch, Andrea	10	Esch, Kolbi	7	Kotecki, Nicholas	9
Trevino, Shelby	8	Hoogerhyde, Ian	10	Fillenworth, Jordyn	7	McMullen, Haley	9
Coston, Kristen	7	Lorenz, Paige	10	Fussman, Alexandria	7	Schafer, Landon	9
Daniels, Katharine	7	Lynch, Alexia	10	Garrett, Grant	7	Schumacher, Darrik	9
Eiseler, Alexandra	7	Matthews, Jacob	10	Gottleber, Jadrian	7	Scott, William	9
Fike, Kennedy	7	Moore, Bradley	10	Haynes, Keegan	7	Smith, Tristan	9
Jaessing, Chloe	7	Nelson, Kaylee	10	Hoover, Kylea	7	Whitehead, Alec	9
Lynch, Dexter	7	Reihl, Sarah	10	Licina, Emma	7	Yuncker, Kyle	9
Pasch, Kelsey	7	Rollin, Chase	10	Lorenz, Anna	7	Darnell, Tyler	8
Reihl, Kayla	7	Schafer, Apollo	10	Mindel, Grace	7	Farrell, Dale	8
Schwerin, Amy	7	Schafer, Ethan	10	Mishler, Zoey	7	Finnerty, Nathan	8
Torpey, Cody	7	Schafer, Noah	10	Moody, Faith	7	Garrett, Paxton	8
Vavzincak, Blade	7	Steffke, Lilia	10	Powell, Elizabeth	7	Hernandez, TeAnna	8
Yoder, Katlyn	7	Steffke, Samuel	10	Pung, Adam	7	Lambourn, William	8
Zeneberg, Zoey	7	Yuncker, Emma	10	Sandel, Kyle	7	Loos, Andie	8
3.5-3.99GPA	Gr.	Aney, Maryska	9	Schafer, Noel	7	Natzel, Gabriel	8
Brown, Chase	12	Cole, Navid	9	Small, Trevor	7	Nelson, Max	8
Carson, Jordan	12	Faber, Brenda	9	Wichert, Ethan	7	Reihl, Nathaniel	8
Finnerty, Ashley	12	Gott, Tristin	9	Wilson, Kendyl	7	Sharrar, Kollin	8
Fouty, Andrea	12	Hauck, Erica	9	Yuncker, Valerie	7	Steffke, Isabelle	8
Hoogerhyde, Nicholas	12	Horsley, Nathan	9	Zeien, Megan	7	Upton, Brett	8
Klumpp, Shelby	12	Keller, Kodie	9			Yoder, Zachary	8

## SECOND SEMESTER HONOR ROLL CONT.

3.0-3.49 GPA	Gr.	<b>5th &amp; 6th GRADE ALL A'S &amp; B'S</b>			
Beltinck, Jason	7	AMES, RYAN	6	BASS, ABIGAIL	5
Campbell, Spencer	7	ARMSTRONG, JOURDYN	6	CASE, AYDEN	5
Case, Austin	7	BENASKE, ALEX	6	CIOCHETTO, JAMES	5
Cross, Izybel	7	CHILMAN, LOGAN	6	CLARK, MATTHEW	5
Dodds, Erin	7	EISENBACH, LEVI	6	COSTON, NATHAN	5
Fletcher, Katherine	7	EMBS, NICHOLAS	6	COTTER, DAVID	5
Fussman, Mitchell	7	FABER, HEATHER	6	DANIELS, ROSALIE	5
Haupt, Amanda	7	FILLENWORTH, LYNDSY	6	EMBS, MYLES	5
Lybeer, Kara	7	FINNERTY, ROBERT	6	FUSSMAN, NATALIE	5
Mowen, Haley	7	GARRETT, BREANNA	6	GOTT, ETHAN	5
Pardee, Kailey	7	GOTTSCHALK, JARED	6	HOPKINS, MICHAEL	5
Paul, Hazel	7	HINES, RYLEIGH	6	KOLB, MATTHEW	5
Schafer, Daniel	7	LYON, JAY	6	KOTECKI, ANGELA	5
Stevens, Melanie	7	MAYER, RAYMOND	6	LICINA, ANA	5
Whitehead, Brennen	7	METHNER, WILLIAM	6	LONG, JAYDEN	5
		MEYERS, GRACE	6	MAXON, JASON	5
		NEATH, TALON JOHN	6	MINDEL, AIDAN	5
		NELSON, OLIVIA	6	PETY, BREANNA	5
		PUNG, JACE	6	PRATT, JESSE	5
		RAITZ, ROBERT	6	SANDEL, CASSIDY	5
		SCHAFFER, SETH	6	SEEBURGER, NATALIE	5
		SCHRIPSEMA, CHELSEA	6	THEISEN, ELLIE	5
		SEGER, CIERRA	6	TORPEY, BAILEY	5
		SMALL, TREY	6	TURNER, KIRSTEN	5
		SMITH, CHASE	6	TYLER, DUSTIN	5
		SWANSON, TIMOTHY	6	ZUKER, TERRELL	5
		SYTEK, ASHLYNN	6		
		UPTON, SIDNEY	6		
		WIGGINS, CHAYTON	6		
		YUNCKER, EASTON	6		

### DISTRICT UPGRADES BUILDING SECURITY

Over the last six months Beal City Schools have implemented security upgrades to ensure that our building is a safe place to work and learn. Some of these changes have been visible to the public and others have taken place behind the scenes.

In the Fall of 2013, through funding from the Saginaw Chippewa Indian Tribe, a video monitoring system was installed at the main entrance to the building. When a visitor arrives at the building, someone from the Superintendent's office is able to see them through the video monitor and communicate with them via two-way audio. The visitor is then granted access to the building and asked to sign in at the Superintendent's Office. We have received lots of positive feedback from parents and community members.

In December 2013, through funding approved by the Beal City Board of Education, we were able to upgrade our security camera system. As a result, 13 new cameras were added to our current system. This brings the total to 37 cameras that monitor all public areas of the building. Additional cameras were also installed that cover the parking lot, playground, and the east side of the building. As part of this upgrade, new software was also installed that give law enforcement, emergency management, and school administrators remote access to the camera system via mobile phones.

We continue to do all we can to provide a safe and secure learning environment for our students. If you have questions about any of these upgrades please feel free to contact Joe Judge, Director of Technology at 989-644-3901.

## Teach Teens Safe Facebooking

If you have a tech-savvy teen in the house, then you've probably heard the question already: 'When can I have a Facebook account?'

Although your first instinct may be to say 'not yet' and hope they quickly forget about it, there are some very good reasons for giving it a little more thought. The last thing you want is to have your child ignore your decision and secretly open an account anyway. (It happens -- sometimes the peer pressure is just too much!)

The other reason you might want to say yes is because it provides what educators like to call "a teachable moment". You have a golden opportunity to help them set up their account the right way and show them what's appropriate and inappropriate. You even get a chance to be their friend — at least for a couple of years and, if you're lucky, maybe longer.

If you decide to take the plunge but aren't too familiar with how Facebook works, here are some tips to help you get started:

### USE YOUR OWN E-MAIL ADDRESS

If you are setting up an account for a teen or young teen, use your own e-mail address or an e-mail address that you both have access to. This way, you will see friend requests as they come in and you can screen any messages that might come from unknown parties. You will also know if your child tries to change the password!

### DON'T ALLOW FACEBOOK TO CHOOSE FRIENDS FOR YOU

When you first open an account, Facebook will suggest lots of friends for you based on previous Facebook accounts run off the same computer (very sneaky!) or based on the profile information you provide. It will also ask for permission to search your e-mail account, so it can suggest even more friends. Ignore them all! You should carefully add friends based on your family's own preferences, not Facebook's.

### CHOOSE THE PROFILE PHOTO CAREFULLY

The photo on your child's Facebook profile is very important. It says a lot about how they see themselves, and what you, as a parent, think about them. Cutesy is OK, provocative is a no-no. If you're not comfortable having a photo of your child posted at all, then think about using a picture of a family pet, or maybe an avatar. (That's a cartoon-style image, not the tall blue lady from the movie!)

### BE SELECTIVE ABOUT PROFILE INFORMATION

When filling out your profile information, you should assume that everything you complete will be visible to others. Although Facebook allows you to hide contact information, you should leave that blank anyway.

### PLACE AN EMPHASIS ON PRIVACY

Once you have completed the profile information, go back to the menu bar and click on Account. From the dropdown menu, click on Privacy Settings. Most Privacy Settings are set by default to Everyone. Here, it's recommended that you change all the settings to Only Friends. Remember, Facebook has a strong tendency towards openness, which may be fine later in life. However, when your child is just starting in the social networking world, the emphasis should be on privacy.

### THINK BEFORE YOU ADD FRIENDS

Be careful about who you and your child add as friends. That 19-year-old cousin might be lots of fun at Thanksgiving dinners and family reunions, but if he's just started college and likes to party, there may be things on his Facebook page that you would rather your child didn't see. Remember, Facebook is a two-way street: your child will be able to see everything that is posted to her friends' pages and even to some friends of friends' pages.

### TEACH WHAT'S APPROPRIATE

Once your child's account is up and running, spend some time together discussing what's appropriate to write or post. Teach them to ask permission before posting photos of other people. (Particularly photos of Mommy in a bikini!) Talk about updates and photos that are posted by their friends and what you like or don't like about them.

Set up the right way, Facebook can provide an invaluable opportunity for parents to teach cyber awareness and appropriate online behavior. Grab the opportunity before it's too late!

# BEAL CITY BANDS



"...in harmony with the home and community..."

## THANKS FOR YOUR OLD TECHNOLOGY!

Final tallies are in - and thank you for donating over \$500 in obsolete technology in support of the Beal City Bands!

### SOLO & ENSEMBLE FESTIVAL

Congratulations to the students listed below for their participation at District High School Solo & Ensemble Festival in Owosso on Saturday, February 8. Students receiving a First Division have been enrolled in State Solo & Ensemble Festival in Grandville on Saturday, March 22.

EVENT	STUDENTS	RESULT
Percussion Quartet	James Kolb, Shawn Mauldin, Rannon Newman, Tristan Smith	SECOND DIVISION
Flute Solo	Hannah Steffke	SECOND DIVISION
Trombone Duet	Ian Hoogerhyde, Nick Kotecki	Comments Only
Flute Trio	Lauren Beltinck, Emily Steffke, Hannah Steffke	FIRST DIVISION
Alto Sax Solo	Emily Schafer	SECOND DIVISION
Percussion Quintet	Brendan Carrick, Justin Garrett, James Kolb, Joe Marchiando, Billy Scott	FIRST DIVISION
Flute Solo	Emily Steffke	FIRST DIVISION
Horn Solo	Melanie Schafer	FIRST DIVISION
Woodwind Quartet	Lauren Beltinck, Kaylee Nelson, Hannah Neyer, Hannah Steffke	SECOND DIVISION
Piano Solo	Emily Steffke	SECOND DIVISION
Alto Sax Duet	Ryan Powell, Emily Schafer	FIRST DIVISION
Clarinet Quartet	Jessica Holland, Kaylee Nelson, Hannah Neyer, Rachel Schwerin	FIRST DIVISION



### SPRING AWARDS CONCERT

SUNDAY, MAY 18 - 4:00 PM



### BAND FESTIVAL

Dates have been published for MSBOA Band Festival! Our Middle School and High School Concert Bands will be performing at Perry HS on Friday, March 14. We will be leaving from school early, so students will need to have their concert attire with them. The Middle School Band will perform at the Perry HS Auditorium at 4:20PM; the Concert Band will perform at 7:20PM. Parents, family members and community members are encouraged to attend - Nothing like playing for a full supportive audience!

### PRACTICE RECORDS

**REMINDER TO ALL 6TH, 7TH & 8TH GRADE BAND FAMILIES:** Practice Records are a weekly graded assignment that serves as a progress report for you and your student. They account for approximately 20% of your child's grade in band class, and provides substantial reinforcement of classroom goals and measurable achievement. Please be certain your student is submitting these important assignments on a weekly basis.

### HIGHLAND CONFERENCE ALL-STAR BAND

We are fortunate to be hosting the Second Annual Highland Conference High School All-Star Band! This day-long event will be held on Friday, April 11. Students from all schools in the conference will be selected, and attend rehearsals and individual instrument sessions while at Beal City Schools. An evening concert will cap off this important event! Hope to see you there!

CHECK FOR UPDATES ON THE BEAL CITY BANDS WEBSITE!  
[www.bealcitybands.weebly.com](http://www.bealcitybands.weebly.com)



# SPAGHETTI DINNER

**Time:** 5:00 to 7:30

**Date:** March 19, 2014

**Place:** Beal City Cafeteria

**\*All You Can Enjoy\***

**Cost:** \$7.00 for adults, \$5.00  
for kids ages 5-12, and  
preschoolers free



Meal includes spaghetti  
and meat sauce, salad,  
drink (milk, lemonade, or  
coffee) and dessert.

Hosted by the Beal City  
Varsity and JV baseball  
teams.



# MARCH BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 wg maple flavored waffle or wg cereal w/light cheese stick, fruit, juice and milk	4 egg and sausage on a bagel or cereal, fruit, and milk	5 wg multigrain bar or wg cereal w/yogurt, fruit, juice and milk	6 wg breakfast pizza or wg cereal w/light cheese stick, fruit, juice and milk	7 pretzel w/cheese sauce or wg cereal w/light cheese stick, fruit, juice and milk
10 wg cinnamon tastes or cereal w/yogurt, fruit, juice and milk	11 wg pancake wrap or cereal w/light cheese stick, fruit, juice and milk	12 scrambled eggs/ham or wg cereal w/light cheese stick, hash brown, fruit, juice and milk	13 wg breakfast pizza or wg cereal w/yogurt, fruit, juice and milk	14 wg muffin or wg cereal, sausage links, fruit, juice and milk
17 wg maple flavored waffle or wg cereal w/light cheese stick, fruit, juice and milk	18 egg and sausage on a bagel or cereal, fruit, and milk	19 wg multigrain bar or wg cereal w/yogurt, fruit, juice and milk	20 wg breakfast pizza or wg cereal w/light cheese stick, fruit, juice and milk	21 pretzel w/cheese sauce or wg cereal w/light cheese stick, fruit, juice and milk
24 wg cinnamon tastes or cereal w/yogurt, fruit, juice and milk	25 wg pancake wrap or cereal w/light cheese stick, fruit, juice and milk	26 scrambled eggs/ham or cereal w/light cheese stick, hash brown, fruit, juice and milk	27 wg breakfast pizza or wg cereal w/yogurt, fruit, juice and milk	28 wg muffin or wg cereal, sausage links, fruit, juice and milk

Menus are subject to change. USDA is an equal opportunity provider and employer.

# MARCH LUNCH

<p>3 Reading month kick off? ABC, 123 nuggets, sweet potato fries, dinner roll, cookies, garden bar, fruit and milk Weekly option: hamburger w/wg bun</p>	<p>4 hot dog w/wg bun, cooked carrots, garden bar, fruit, juice and milk Weekly option: hamburger w/wg bun</p>	<p>5 grilled cheese sandwich w/ tomato soup, peas, dinner roll, garden bar, fruit, juice and milk Weekly option: hamburger w/wg bun</p>	<p>6 chicken strips w/ wg dinner roll, broccoli, garden bar, fruit, juice and milk Weekly option: hamburger w/wg bun</p>	<p>7 cheese quesadilla, refried beans, garden bar, fruit, juice and milk Weekly option: hamburger w/wg bun</p>
<p>10 popcorn chicken w/wg dinner roll, green beans, garden bar, fruit, juice and milk Weekly option: wg cheese pizza</p>	<p>11 breakfast pizza or hash brown, muffin, garden bar, fruit, juice and milk Weekly option: wg cheese pizza</p>	<p>12 hot turkey sandwich (wg bread) with mashed potatoes and gravy, broccoli, garden bar, fruit juice and milk Weekly option: wg cheese pizza</p>	<p>13 Chicken Patty w/wg bun, cold carrots, garden bar, fruit, juice and milk Weekly option: wg cheese pizza</p>	<p>14 fish sandwich, baked beans, garden bar, fruit, juice and milk Weekly option: wg cheese pizza</p>
<p>17 sloppy jo w/wg bun, celery, garden bar, fruit, juice and milk Weekly option: chicken nuggets w/ wg breadstick</p>	<p>18 corn dog nuggets, sweet potato fries, fruit, juice and milk Weekly option: chicken nuggets w/wg breadstick</p>	<p>19 twisty chicken Alfredo, wg garlic breadstick, broccoli, garden bar, fruit, juice and milk Weekly option: chicken nuggets w/wg breadstick</p>	<p>20 scalloped potatoes/ham w/ wg dinner roll, corn, garden bar, fruit, juice and milk Weekly option: chicken nuggets w/ wg dinner roll</p>	<p>21 macaroni and cheese, baked beans, garden bar, fruit, juice and milk Weekly option: chicken nuggets w/wg tortilla shell</p>
<p>24 tangerine chicken w/wg rice, stir fry vegetables, garden bar, fruit, juice and milk Weekly option: hamburger w/wg bun</p>	<p>25 hot dog w/wg bun, cooked carrots, garden bar, fruit, juice and milk Weekly option: hamburger w/wg bun</p>	<p>26 salsbury steak w/mashed potatoes and gravy, peas, dinner roll, garden bar, fruit juice and milk Weekly option: hamburger w/wg bun</p>	<p>27 chicken strips w/ wg dinner roll, broccoli, garden bar, fruit juice and milk Weekly option: hamburger w/wg bun</p>	<p>28 <b>Half Day NO LUNCH</b></p>

## Report to PARENTS

# Fight Flu and Germs

**Y**ou've probably already heard it: the telltale sniffles of flu season, which peaks in January and February. Navigate flu and germ season with these tactics for prevention and care.

### **About the Vaccine**

Though it's best to get vaccinated in the fall, it's not too late to get a flu shot at the start of winter. Everyone age six months and older can receive the vaccine, which is available as a shot or nasal spray. Children are at a higher risk for the flu, since their immune systems are developing. It's especially important to vaccinate children younger than 5 and those with chronic health conditions. Don't forget to get vaccinated yourself!

If you're not sure where to get a flu shot, ask your principal or school nurse for information on clinics or community agencies that may be providing flu shots.

### **If Your Child Is Sick**

Children who can't keep their eyes open, even after having a normal night's sleep, may be coming down with something. Add an "achy" feeling and loss of appetite, and it's likely that the flu is on the way. If, before school, you think your child may be starting to get sick, alert the teacher and make sure an adult is available for pick-up in case your child needs to come home.

Children who are feverish, nauseated, or bone-tired can't learn well, and can spread their illness to others. So, keep them home. Before returning to school, your child needs to have gone without a fever or vomiting for at least 24 hours.

Talk to your child's teacher to find out the best way to make up missed work. Often, a child not quite well enough to return to class can complete assignments at home, making the workload easier to manage once he or she is back in school. Have your child make up the work as soon as possible.

### **Preventing the Spread of Germs**

Keep your family healthy all winter long by practicing everyday disease prevention tactics.

**Stress the importance of handwashing.** Because germs are invisible, it's difficult for children to understand how dangerous a cough or sneeze can be. Be sure to stress

the importance of washing hands, using lots of soap and water, and scrubbing until there are bubbles—before meals and snacks, and after coughing, sneezing, or using a tissue. Many brands of liquid hand soap come in fun designs, scents, or colors, and letting children pick their own can be a fun way to encourage hand washing.



**Use the "birthday song" method.** Teach your child to wash his or her hands for as long as it takes to sing the entire "Happy Birthday" song.

**Cough like Dracula.** Children need to learn to always cover their mouths when they cough. Have your child cough into his or her sleeves, not hands, to prevent the spread of germs.

**Keep hands away from eyes, nose, and mouth.** Children sometimes absentmindedly put their fingers in their mouth or nose, or rub their eyes. Help

your child keep his or her hands away from "germy" areas—eyes, nose, and mouth.

**Trash the tissues.** Used tissues are full of germs. Teach your child to immediately put used tissues in the trash, and then wash his or her hands.

**Set a healthy example.** Model all these healthy behaviors—sneezing into your elbow, washing your hands frequently—and your child will follow suit.

### **Web Resources**

Visit [Flu.gov](http://Flu.gov) for the latest updates on this flu season.

For a round-up of germ prevention techniques, visit this [Centers for Disease Control](http://Centers for Disease Control) page.  
[www.cdc.gov/flu/protect/stopgerms.htm](http://www.cdc.gov/flu/protect/stopgerms.htm)

This "Too Sick for School?" quiz from *Parents magazine* will help you decide whether your child should stay home.  
[www.parents.com/kids/too-sick-for-school/](http://www.parents.com/kids/too-sick-for-school/)

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## **Kindergarten Round Up is Coming!**

Beal City Public Schools will be holding Kindergarten Round Up for the 2014-15 school year on Tuesday, March 18th, 2014. The meeting will take place in the School Cafeteria at 6:30 pm. Parents interested in enrolling a student in kindergarten for next fall should attend. This is an informational meeting designed for parents. Students need not be present. Please bring your child's shot record, birth certificate, and proof of residency to the meeting. Appointments for Kindergarten Screening, set for Tuesday, March 25, 2014, will be set up at this time. If you have any questions about the meeting, please call the Beal City Mayes Elementary office (644-2740). We look forward to seeing you there!

## **MARCH IS READING MONTH!**

The Beal City Mayes Elementary teaching staff has planned a variety of activities in celebration of READING MONTH!! The theme of this year's celebration is Journey into Reading!! The staff is planning many fun and exciting events and activities throughout the month. As a school, students are being put to the challenge of reading a certain number of minutes for the month. Every Wednesday in March, upper and lower elementary students will pair up with their "Buddy Classroom" and read together. Students will also be asked to bring books from home, on March 20 & 21, to exchange. Students are limited to three books to bring in for the Book Exchange, and they must be in good condition. A calendar of these events, and many other reading month activities, will be sent home with students.

## **MARK YOUR CALENDARS!**

Monday, March 3	PTA meeting, 6:30
Thursday, March 6	Parent/Teacher Conferences, 5:00-8:00 p.m.
Tuesday, March 18	Kindergarten Registration Parent Meeting, 6:30 p.m. – Cafeteria
March 20 & 21	Book Exchange books turned into classroom teacher
Friday, March 28	End of Marking Period, students have ½ day of school
Monday, March 31	Spring Break Begins
Monday, April 7	Classes Resume