



The Aggie Express

A publication of the Beal City Public Schools

www.bealcityschools.net

October, 2013

R.J. Schafer Thanks the Community for Their Support

I would like to thank all the people that sent cards of congratulations or personally extended their congratulations to me and my family upon my recent induction into the Michigan High School Coaches Association Hall of Fame.

It was not only an honor for me but for our school and community also. A person never receives this award by what they do alone. It is only possible because of people like Tom Atkinson, Ben Steele, Tom Lavoie, Lou Rau, Dave King, Brad Antcliff, Randy Gallagher, Kelly David, Administrators Bill Chilman, and Aarron Butkovich.

Perhaps the most important people are the people of the Beal City community. They pay the taxes and fill the seats at all the events and most importantly support the athletes. Thank you all for making the "Aggie" athletic program one of the elite small school programs in the state.

Ron (R.J.) Schafer

Save The Date:

10-25-13

**Rock the Foundation @ the KC Hall in Beal City
after the home football game.**

Doors Open @ 8:00 p.m.

The Foolish Dreams Band takes the stage @ 9:00 p.m.

Food Will Be Provided; BYOB

Presented by the Beal City Education Foundation

For more information call (989) 644-3901

Trees Planted on Memorial Hill



The above pictures show a couple of trees being planted in the spring of 2012 on Memorial Hill. The trees were planted in memory of Fuzz Weber, Larry Sheahan and Dennis Finnerty. The photos includes Dan, Pam, Snookie, and Rick Weber, Amy Salisbury and Theresa Bierschbach.

Summer Reading Club – Top Readers

At the end of last school year, Mr. Wolf challenged all of the students at Mayes Elementary to READ over the summer. His challenge was for kids going into First and Second Grade to read for 900 minutes and Third through Sixth Graders to read for 1200 minutes, over the entire summer. Students had to log what books they read and for how many minutes each day. When they came back to school this Fall, students turned in their reading log sheets, and those who reached their goal were given a certificate and a Summer Reading Club t-shirt. Congratulations to the 30 students that stepped up to the challenge and read over the summer!!

First Grade

Brooklyn Denslow
Macy Johnston
Hailey Ketchen
Cole Tilmann
Austin Wichert

Third Grade

Hadyn Armstrong
Zachary Meyers
Tailor Onstott
Rylee Sisco

Fifth Grade

Angel Camp
Jason Maxon
Ellie Theisen

Second Grade

William Fox
Madison Calkins
Jayden Denslow

Fourth Grade

Natalie Antcliff
Paige Antcliff
Jacob Fussman
Megan Johnston
Haiden Onstott
Allison Wichert
Morgan Wilson
Olivia Wood

Sixth Grade

Jourdyn Armstrong
Fiona Decker
Jared Gottschalk
Grace Meyers
Chelsea Schripsema
Sidney Upton

PTA News

We would like to welcome the newly elected PTA officers:

President: Jennifer Ames
Vice President: Missy Hall
Treasurer: John Daniels
Secretary: Tami Wilson

PTA APPLE PIE FUNDRAISER

It is that time of year again. Order forms will be coming home soon. They will be due back by October 25th. And as always, volunteers are greatly appreciated. Pie pick-up will be November 9th.

PTA Monthly Meetings

All parents are invited to join the Beal City Elementary PTA and help this dynamic group do great things for our kids. All meetings are at 6:30 p.m. in the Elementary. Listed below are the dates of this year's PTA meeting:

- October 7th
- November 4th
- December 2nd
- January 6th
- February 3rd
- March 3rd
- April 7th
- May 5th

Beal City Public Schools is looking for subs in the kitchen. All kitchen staff subs will be paid by a third party management company but will be called by our staff to cover kitchen employees when they need time off. Hours of work will be from 7:30 a.m. – 2:00 p.m. Please contact Marci Faber at 989-644-3901 if you are interested in subbing for our kitchen staff. We are also looking for custodial subs and subs for bus driving. Please contact John Graham at 644-3901 for more information.

Board Briefs

The following was approved at a regular board meeting on September 16, 2013:

- General Fund payments of \$327,192.77, Hot Lunch payments of \$6,326.67, Capital Projects/General Fund payments of \$142,806.76 and Athletic Fund payments of \$5,347.60.
- The Vocational Ed. Support Millage Resolution as presented.
- The Tribal Grant Applications as presented.
- The following coaching recommendation – Britni Buesking – Voluntary Volleyball Coach.
- John Ayers' resignation as Driver's Ed. Instructor.

To locate the Beal City Board of Education agenda and minutes from the monthly Board meetings, please see the Beal City website. Click on District Info, Board of Education, then click on the Board of Education on the left hand side to receive a menu. From there click on Meeting.

Beal City School's Annual Report is available on the school's website. You can access it by going to our website at www.bealcityschools.net. Click on the District Info button and then the Annual Report button. There is a lot of information about our school and statistics from last year.

BEAL CITY BANDS

... in harmony with the home and community...

Marching Aggies At Home & "Abroad"

Our first performance at the Pine River football game received a great response! Thank you, our supportive community, for such an enthusiastic response to our work! Look for more from the Beatles in ensuing weeks as we bring all of our Beatles show to the field! Also, our Marching Aggies participated for the first time in many many years at the 60th CMU Band Day. Our group was well-represented and had a prime location in the front of the halftime formation on the north side of the Marching Chips! Great experience and lots of fun despite arriving at school at 5:45AM!



Marching Band Invitational

We could not have ordered better weather or a better environment for our First Marching Aggie Invitational! Three other bands - Morley-Stanwood, Pine River and White Cloud joined the Marching Aggies in a energetic and family-friendly event that showcased the talents of over 240 musicians! Thank you to Mr. Norm Logan who served as our clinician for the evening, giving great insight and commentary to each group's performance and the many TEMPO Club volunteers for serving our guests with great hospitality. A tremendous thank you to our community for attending and creating that special Beal City environment where students can stretch themselves to perform and achieve!



Displaying Achievement at Home

A key component to any musical endeavor is the ability to get some individual practice time outside of rehearsal. Middle School and Beginning Band Parents: Remember that Practice Records are not only a graded activity for your child each week, but an excellent progress report to hear what your student is accomplishing in music and a passive dialogue between Mr. Lowe and home that we support the musical work of your student! Look for Practice Records on the Beal City Bands website: bealcitybands.weebly.com!



Fundamental Musicianship

With the high school band's success firmly in thought, our Middle School Band will be engaging in a two-year, 24 level journey through the Fundamental Musicianship Battery. This initiative grows from current method books and assignments, but addresses the State and National Standards in writing, creating and evaluating music and its performance at the Middle School Level. Be looking for your student's bright green folder and ask about his or her stage in this journey!

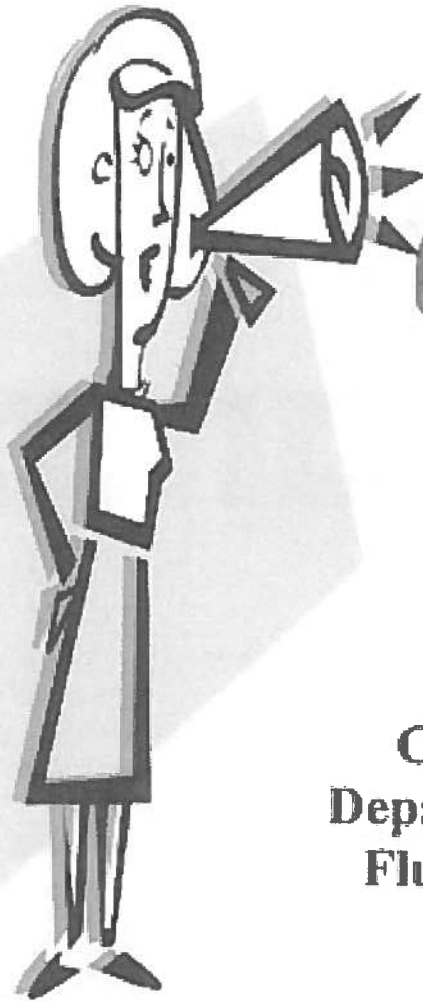
Get Up to Speed in TEMPO

TEMPO (tem'po) n. the speed at which music is played 2. rate of activity. We will need to adjust our next TEMPO meeting date as it falls on the evening of MSBOA Marching Band Festival! Be certain to check your e-mail inbox for the new date and time! Thank you for your flexibility!

Still Show Your Marching Aggie Pride

Ever want to jump on the band wagon? Here's your chance! Look just like the outstanding members of the Marching Aggies! A Marching Aggies Beatles show shirt is just \$10! E-mail Mr. Lowe today for yours - lowe@bealcityschools.net.





Calling Everyone! Get Your Flu Shots!



Central Michigan District Health Department
Promoting Healthy Families, Healthy Communities

**Central Michigan District Health
Department will be providing School &
Flu Shots at this location for all ages
6 months and above**

Flu Clinic Information



Date: October 29, 2013



**Time: 2:00 p.m.—3:00 p.m. School
Employees**



**3:00 p.m.—6:00 p.m. Open to the
Public**

Place: Beal City High School Media Center

Questions about your immunizations???

Please call the health department at (989)773-5921 ext. 8405.

We bill private insurances, Medicare and Medicaid for full cost of the vaccine.

If paying with cash, check or credit card at the time of service the

2013 Flu Fee is \$30.00

A sliding fee discount for administration fee may apply based on your family income.

The Beal City Broadway Bootcamp

Whether you have experience or have wanted to try out Singing, Dancing, or Acting come join in the fun. The Beal City Broadway Bootcamp will be Saturday, October 19th through Sunday, October 20th, from 8am until 4pm. It will be an intense weekend of rehearsals and training that will conclude with a performance on Sunday, October 20th at 6pm. Cost of attendance is \$25.

This is open to 7th-12th grade students

Sing
Dance
Act



October
19th & 20th

7 Rules for Parents

Drawing on the latest scientific studies of adolescents, Laurence Steinberg, a professor of psychology at Temple University, offers this advice for the parents of teens:

1. WHAT YOU DO MATTERS

Many parents mistakenly believe that by the time children have become teenagers, there's nothing more a parent can do. Wrong. Studies clearly show that good parenting continues to help teenagers develop in healthy ways, stay out of trouble and do well in school.

2. YOU CAN'T BE TOO LOVING

Don't hold back when it comes to pouring on the praise and showing physical affection. There is no evidence that adolescents are harmed by having parents who are unabashedly loving – as long as you don't embarrass them in front of their friends.

3. STAY INVOLVED

Many parents who were actively involved in their child's life during the early years withdraw when their child becomes a teenager. This is a mistake. It's just as important for you to be involved now – maybe even more so. Participate in school programs. Get to know your child's friends. Spend time together.

4. ADAPT YOUR PARENTING

Many parenting strategies that work at one age stop working at the next stage of development. As children get older, for example, their ability to reason improves dramatically, and they will challenge you if what you are asking doesn't make sense.

5. SET LIMITS

The most important thing children need from their parents is love, but a close second is structure. Even teenagers need rules and limits. Be firm but fair. Relax your rules bit by bit as your child demonstrates more maturity. If he or she can't handle the freedom, tighten the reins and try again in a few months.

6. FOSTER INDEPENDENCE

Many parents erroneously equate their teenager's drive for independence with rebelliousness, disobedience or disrespect. It's healthy for adolescents to push for autonomy. Give your children the psychological space they need to learn to be self-reliant and resist the temptation to micromanage.

7. EXPLAIN YOUR DECISIONS

Good parents have expectations, but in order for your teenager to live up to them, your rules and decisions have to be clear and appropriate. As your child becomes more adept at reasoning, it's no longer good enough to say "Because I said so."

*Laurence Steinberg's most recent book is **The 10 Basic Principles of Good Parenting (Simon & Schuster)**
Source: **Time Magazine (May 10, 2004, page 65)***

Report to PARENTS

Make Every Day Count: Boost School Attendance

To stay on track in school, students need to be present every day. Missing 18 or more days of school in a year puts a child's high school graduation at risk, according to BoostUp.org, a national dropout prevention campaign. Being absent for just two days every month of the school year can put a child behind academically.

Students with regular attendance are more likely to read well by third grade and score higher on tests. They also tend to be more engaged in school and feel better about themselves.

Put your child on the path to success with these attendance strategies.

Make school a priority. Every absence (excused or not), can impact a child's academic achievement. Talk to your child about how important their education is. Make daily routines for homework and waking up on time for school.

Maintain communication with teachers and keep an eye on your child's academic progress. If your child seems disconnected from school or is prone to skipping class, try signing him or her up for an after-school activity. A report by the University of Minnesota found that students in an after-school program attended 18 more days of school and missed nine fewer than their peers.

Make a plan. If your schedule or transportation situation makes getting your child to school a challenge, ask for assistance. Make a carpool or transportation plan with other parents or family members, or ask your school principal for community programs or school initiatives that may help.

Report in. Know your school's attendance policies. If an absence or early dismissal is unavoidable, contact your school. If your family's religious observances fall on school days, let teachers know early in the year which days your child will miss.

Carefully weigh sick days. If your child is sick, talk with your health care provider to determine whether they should stay home from school. If the doctor or nurse recommends that your child stay home, find out exactly how long and on what conditions he or she can return to class (for example, after 24 hours of antibiotics).

Before keeping your children home, make sure they aren't faking symptoms. Regularly feigning sickness may be a sign that your child is anxious about facing a challenge at school, such as bullying.



Schedule wisely. Know your school's calendar, and arrange doctor and dentist appointments after school, on weekends, or during holiday breaks, if possible. Resist the urge to schedule vacations when students will miss school. This gives students the impression that school is not a priority.

Help students complete assignments. When your child has to miss school, make arrangements with teachers

to pick up a packet of make-up work. Ensure that your child follows through, and be available to explain concepts or monitor their work. If your child's absence will be lengthy (for surgery, for instance), alert teachers as soon as you know and pick up assignments as the days go on.

Web Resources

Get Schooled has a number of attendance-related games and tools, including the Attendance Counts calculator and celebrity wake-up calls for students.
<https://getschooled.com/>

The Children's Hospital of Colorado's **How Sick is Too Sick? guide** can help families decide which symptoms should keep students at home.
<http://bit.ly/1860RIA>

Attendance Works offers research, webinars, and handouts designed with elementary and middle-level parents in mind.
<http://www.attendanceworks.org/tools/>

MENU

September 30 – October 4, 2013

Monday: Breakfast – wg french toast sticks w/syrup or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – sloppy jo w/wg bun, celery, garden bar, fruit, juice and milk. **Weekly Option: chicken nuggets w/wg breadstick.**

Tuesday: Breakfast – egg and sausage on a bagel or cereal, fruit, and milk. **Lunch** – corn dog nuggets, sweet potato fries, fruit, juice and milk. **Weekly Option: chicken nuggets w/wg breadstick.**

Wednesday: Breakfast – wg cereal bar or wg cereal w/yogurt, fruit, juice and milk. **Lunch – Pasta Fiesta** – rotini bake w/meat sauce or twisty chicken alfredo, wg garlic breadstick, broccoli, garden bar, fruit, juice and milk.

Thursday: Breakfast – wg breakfast pizza or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – scalloped potatoes/ham w/wg dinner roll, cookie, corn, garden bar, fruit, juice and milk. **Weekly Option: chicken nuggets w/wg dinner roll.**

Friday: Breakfast – pretzel w/cheese sauce or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – taco w/wg tortilla shell, refried beans, garden bar, fruit, juice and milk. **Weekly Option: chicken nuggets w/wg tortilla shell.**

October 7 – 11, 2013

Monday: Breakfast – bagel/cream cheese stick or cereal w/yogurt, fruit, juice and milk. **Lunch** – tangerine chicken w/wg rice, stir fry vegetables, garden bar, fruit, juice and milk. **Weekly Option: hamburger w/wg bun.**

Tuesday: Breakfast – pancake wrap or cereal w/light cheesestick, fruit, juice and milk. **Lunch** – hot dog w/wg bun, cooked carrots, garden bar, fruit, juice and milk. **Weekly Option: hamburger w/wg bun.**

Wednesday: Breakfast – scrambled eggs/ham or cereal w/light cheesestick, hashbrown, fruit, juice and milk. **Lunch** – salisbury steak w/mashed potatoes and gravy, peas, dinner roll, garden bar, fruit juice and milk. **Weekly Option: hamburger w/wg bun.**

Thursday: Breakfast – wg breakfast pizza or wg cereal w/yogurt, fruit, juice and milk. **Lunch** – chicken strips w/wg dinner roll, broccoli, garden bar, fruit juice and milk. **Weekly Option: hamburger w/wg bun.**

Friday: Breakfast – wg muffin or wg cereal, sausage links, fruit, juice and milk. **Lunch** – chicken quesadilla, refried beans, garden bar, fruit, juice and milk. **Weekly Option: hamburger w/wg bun.**

October 14 - 18, 2013

Monday: Breakfast – wg french toast sticks w/syrup or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – popcorn chicken w/wg dinner roll, green beans, garden bar, fruit, juice and milk. **Weekly Option: wg cheese pizza.**

Tuesday: Breakfast – egg and sausage on a bagel or cereal, fruit, and milk. **Lunch** – breakfast pizza or hashbrown, muffin, garden bar, fruit, juice and milk. **Weekly option: wg cheese pizza.**

Wednesday: Breakfast – wg cereal bar or wg cereal w/yogurt, fruit, juice and milk. **Lunch** – hot turkey sandwich (wg/bread) with mashed potatoes and gravy, broccoli, garden bar, fruit juice and milk. **Weekly Option: wg cheese pizza.**

Thursday: Breakfast – wg breakfast pizza or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – chicken patty w/wg bun, cold carrots, garden bar, fruit, juice and milk. **Weekly option: wg cheese pizza.**

Friday: Breakfast – pretzel w/cheese sauce or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – nachos chips/cheese/meat, refried beans, garden bar, fruit, and milk. **Weekly option: wg cheese pizza.**

October 21 - 25, 2013

Monday: Breakfast – bagel/cream cheese stick or cereal w/yogurt, fruit, juice and milk. **Lunch** – sloppy jo w/wg bun, celery, garden bar, fruit, juice and milk. **Weekly option: chicken nuggets w/wg breadstick.**

Tuesday: Breakfast – pancake wrap or cereal w/light cheesestick, fruit, juice and milk. **Lunch** – corn dog nuggets, sweet potato fries, fruit, juice and milk. **Weekly option: chicken nuggets w/wg breadstick.**

Wednesday: Breakfast – scrambled eggs/ham or cereal w/light cheesestick, hashbrown, fruit, juice and milk. **Lunch – Pasta Fiesta** – rotini bake w/meat sauce or twisty chicken alfredo, wg garlic breadstick, broccoli, garden bar, fruit, juice and milk.

Thursday: Breakfast – wg breakfast pizza or wg cereal w/yogurt, fruit, juice and milk. **Lunch: scalloped potatoes/ham w/wg dinner roll, corn, garden bar, fruit, juice and milk. Weekly option: chicken nuggets w/ wg dinner roll.**

Friday: Breakfast – wg muffin or wg cereal, sausage links, fruit, juice and milk. **Lunch** – taco w/wg tortilla shell, refried beans, garden bar, fruit, juice and milk. **Weekly option: chicken nuggets w/wg tortilla shell.**

October 28 – November 1, 2013

Monday: Breakfast – wg french toast sticks w/syrup or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – tangerine chicken w/wg rice, stir fry vegetables, garden bar, fruit, juice and milk. **Weekly Option: hamburger w/wg bun.**

Tuesday: Breakfast – egg and sausage on a bagel or cereal, fruit, and milk. **Lunch** – tangerine chicken w/wg rice, stir fry vegetables, garden bar, fruit, juice and milk. **Weekly Option: hamburger w/wg bun.**

Wednesday: Breakfast – wg cereal bar or wg cereal w/yogurt, fruit, juice and milk. **Lunch** – salisbury steak w/mashed potatoes and gravy, peas, dinner roll, garden bar, fruit juice and milk. **Weekly Option: hamburger w/wg bun.**

Thursday: Breakfast – wg breakfast pizza or wg cereal w/light cheesestick, fruit, juice and milk. **Lunch** – chicken strips w/wg dinner roll, broccoli, garden bar, fruit juice and milk. **Weekly Option: hamburger w/wg bun.**

Friday: Breakfast – HALF DAY – NO LUNCH.

New federal regulation changes to our menu: *WG = Whole Grain. All students must take a fruit or vegetable with a hot lunch. This menu is based on K-8 menu guidelines. See new Federal Regulations in the Aggie Express. Note: Menus are subject to change without notice. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Ave, SW, Washington D.S. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

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Beal City Sports Booster's

Hello all, now that we have settled in and our Fall sports season is underway, we would like to say thank you to those that have stepped up and volunteered. As stated before, your role is a vital part of our school's success.

If you have not yet signed up, and would like to, we are always looking for volunteers. Please make contact with Denise Schafer or Lisa Schneider to inquire about this. We have already had great success and would like to extend our thanks to the community for all of their support.

Just in the last couple of weeks we have had great numbers, the turnout has been amazing, and we've had some very lucky 50/50 winners. Once more a huge thanks to all the volunteers and Booster members that make things seem to run flawlessly. Parents don't forget that when you volunteer, your name is being added to a hat for some amazing prizes to be given away.

Great job to all the athletes, coaches and staff that are participating in a sport this year. We are proud and happy to be a part of your success. Keep up the good work and continue on with "Aggie Pride."

If you have any questions, comments or concerns you can always speak to any of the Sports Booster members or contact me at lhauger1@gmail.com and I will be happy to communicate the information to the members and get back to you.